



NOVEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 DEV HIGH SCHOOL ENDS THIS WEEK DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	31 HAPPY HALLOWEEN Red: OFF Bronze: OFF DevSr: 515-645p AdvSr:445-645p	1 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	2 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	3 START/SPEED/TURNS EMPHASIS: DevSr: 430-6p AdvSr:430-6p	4 AdvSr: 615-8:15a DevSr. Welcome	5
6 DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	7 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	8 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	9 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	10 START/SPEED/TURNS EMPHASIS: DevSr: 430-6p AdvSr:430-6p	11 AdvSr: 615-8:15a DevSr. Welcome	12
13 DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	14 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	15 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	16 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	TURKEY INV. @ SAILFISH WATERPARK STUART FRI.& SAT. ONLY		19
20	21	22	23	24	25	26
HAPPY THANKSGIVING BREAK...ENJOY FAMILY & FRIENDS...STAY ACTIVE EAT HEALTHY!!						
27 DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	28 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	29 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	30 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	1 START/SPEED/TURNS EMPHASIS: DevSr: 430-6p AdvSr:430-6p	2 LIGHTNING SANTA CLAUS & HOLIDAY SPRINT INV.@ LAKE LYTAL!	3
4 DevSr: 515-645p AdvSr.Dryland 4-430p AdvSr:445-645p	5 Red: 430-515pm Bronze: 515-630p DevSr: 515-645p AdvSr:445-645p	<i>Notes</i> SWIMMING WITH LIGHTNING SWIMMING IN 2024? YOU MAY RENEW YOUR REGISTRATION NOW!				