

Mike Horgan Memorial Open Swim Meet

October 7-9, 2022



Sanctioned by:

Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No No. **FG142228005086**

In granting this approval it is understood and agreed that USA Swimming and Florida Gold Coast Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA GOLD COAST SWIMMING, AND PALM BEACH COUNTY PARKS & REC AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

P. Bch. Cnty Restrictions:

Palm Beach County Parks & Rec currently have no restrictions concerning facemasks in open areas.

Pls. use your discretion and do not attend if feeling ill. Masks are not mandatory yet strongly encouraged when in proximity to other spectators/athletes.

Spectators:

Spectators will not be permitted BEHIND the starting blocks or IN FRONT OF scoreboard.. All other areas are open.

Hosted by:

Lake Lytal Lightning Swim Team

Location:

3645 Gun Club Rd. West Palm Beach, FL 33405

Date and Time:

Friday-Sunday Oct.7-8, 2022

Session 1: WUp 4pm Start 5 pm

Session 2: 13 & Over Warm up 7am Start 8:15am (Split Warmup)

Session 3: 12 & U-Wup 11:30am Start 12:45 pm (Split Warmup)

Session 4: 13 & Over Warm up 7am Start 8:15 am (Split Warmup)

Session 5: 12 & U-Wup 11:30 am Start 12:45 pm (Split Warmup)

*Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Pool/Timing:

25 yards x 50 meters heated outdoor pool, 10 short-course racing lanes with group warm-up and 20 swim-down lanes available after each event. Hybrid Colorado/Daktronics timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2C (4). Water depth at the start varies from 12'0 to 4'6 depending on lane assignment accordance with 202.3.7 (C).

- Camera Free Zone:** The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.
- Conflict of Interest:** Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.
- Rules:** Current USA Swimming Rules will govern this meet.
- Public Health and Safety guidelines of the CDC, State of Florida, Palm Beach County Health Dept. & 2022 Palm Beach County Parks & Rec Health Guidelines will be enforced.
- Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement – USA Swimming Rule 202.4.11(D).
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.
- Deck Changes:** Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- Eligibility:** Open to all current 2022 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.
- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
- The Meet Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. Please contact the pool office ahead of time to allow for preparations – 561-310-4924

- Entries:** TUSS 'B' Standard Minimum Entry Std for Ind. Events .
All entries will be pre-seeded with swimmers 2022 USAS registered athletes and foreign athletes
- Entry Limit:** 4 Individual Event Max per session Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Meet Cap:** **The meet will be capped at 250-300 Athletes per session**
- Entry Deadline:** **Wednesday, September 28, 2022** 8pm OR once the meet caps are met.
- Deck Entries:** Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.
- Entry Fees:** \$6 per ind.event & per \$10 relay event \$15 Per Swimmer Surcharge
- Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part unless FG 1.17.v applies
- Seeding:** 10 Lanes Slowest to Fastest, Super Seeded w/ Fastest 8 seeds in any combined recognized age groups swimming together. Many events will be combined for the sake of efficiency these events are listed at bottom of Events Listing. The 400IM, 500Fr, 1650Fr will all be MIXED seeded Fastest to Slowest.
- Awards:** Medals 1-3. Ribbons 4-10 in recognized Age Group & Gender Categories
1-2 Ind. High Point Awards in the following categories Girl/Boy 10&U, 11,12, 13,14,15-16,17 & Over.
- Scoring:** Ind.Scoring: 1st-11,2nd-9,3rd-8,4th-7,5th-6th-5,7th-4,8th-3,9th-2,10th-1
- Admission:** \$5.00 per session. Heat sheets: Available FREE online and thru the Meet Mobile app for phones and tablets. A ltd. Number of heat sheets will be available for sale \$1
- Meet Information:** Updates to meet information as well as Time Lines and Psych Sheets and Meet Results for the meet will be posted on the internet after entries are processed. Look for the information at www.lightningswimming.org
- Head Referee:** Dee Herfurth
- Meet Director:** Gordon Andrews **Admin Official:** Gordon Andrews
- Meet Marshall:** Steven Hughes
- Closed Deck:** All areas behind the starting area will be CLOSED to Spectators. All areas in front of Scoreboard CLOSED
- Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
- WarmUp Procedures:** Assigned Lanes and 2 WUp Sessions of 40 + 15' Starts in Sessions 2-5
- Information:** Gordon Andrews 561-310-4924

NOTE: Meet management reserves the right to adjust start time, times of session to ensure an efficient meet.

ORDER OF EVENTS

Session 1: Friday, October 7, 2022

Warm-up: 4:00pm Meet Start: 5:00pm 8pm Meet Timeline Capacity

Positive Check In for Events #1-2. Check-In Closes 440pm.

A 10 minute break following the 400 IM will take place if deemed necessary by meet committee

<u>Ev. #</u>	<u>Age</u>	<u>Event</u>
1	Mixed 11 & Over	400 IM**
2	Mixed OPEN	500 FR***

**Ranked and Awarded 11-12, 13-14, 15 & O

***Ranked and Awarded 10 & U, 11-12, 13-14, 15 & O

Session 2 Sat 10/8 13 & Over Warm up 7am Start 8:15 am may be split			Session 4 Sun 10/9: 13 & Over Warm up 7am Start 8:15 am may be split		
<u>Ev. #</u>	<u>Age</u>	<u>Event</u>	<u>Ev. #</u>	<u>Age</u>	<u>Event</u>
5-6	13 & O	200 Med. Relay	47-48	13 & O	200 Fr Rel
7-8	13 & O	200 Fr*	49-50	13 & O	100 Fr*
9-10	13 & O	100 Br*	51-52	13 & O	200 Br*
11-12	13 & O	200 IM*	53-54	13 & O	200 Bk*
13-14	13 & O	50 Fr*	55-56	13 & O	100 Fly*
15-16	13 & O	200 Fly*	10' Break if needed		
17-18	13 & O	100 Bk*	57	13 & Over	Mixed 1650%
* Superseeded and Ranked/Awarded Separately 13-14/15&O			* Superseeded and Ranked/Awarded Separately 13-14/15&O		
Session 3 Sat 10/8: 12 & U-Wup 11:30am Start 12:45 pm			Session 5 Sun 10/9 12 10 & U-W up 11:30am Start 12:45 pm		
<u>Ev. #</u>	<u>Age</u>	<u>Event</u>	<u>Ev. #</u>	<u>Age</u>	<u>Event</u>
19-20	12 & U	200 Med. Relay	59-60	12 & U	200 Fr Rel
21-22	11-12	200 Fr	61-62	11-12	100 Fr
23-24	10 & U	200 Fr	63-64	10 & U	100 Fr
25-26	11-12	200 Breast	65-66	11-12	200 Back
27-28	12 & U*	100 IM	67-68	11-12	100 Br
29-30	11-12	50 Fr	69-70	10 & U	100 Br
31-32	10 & U	50 Fr	71-72	12 & U	200 IM*
33-34	11-12	200 Fly	73-74	11-12	50 Bk
35-36	11-12	50 Br	75-76	10 & U	50 Bk
37-38	10 & U	50 Br	77-78	11-12	100 Fly
39-40	11-12	100 Bk	79-80	10 & U	100 Fly
41-42	10 & U	100 Bk	10' Break if needed		
43-44	11-12	50 Fly	81	11-12	Mixed 1650%
45-46	10 & U	50 Fly	%Fastest to Slowest		
* Superseeded and Ranked/Awarded Separately 10 & U/11-12			* Superseeded and Ranked/Awarded Separately 10 & U/11-12		