



OUR MISSION

Our mission at Lake Lytal Lightning swim team is to see those character traits deemed positive to be instilled in the swimmers who commit to our competitive swim program at Lake Lytal. We believe, along with our governing body, USA Swimming, that our program is designed to encourage maximum participation, provide an educational experience, enhance physical and mental conditioning, and develop a rich base of swimming talent. Lake Lytal Lightning is committed to providing a safe environment for all participants. To do so we have athlete protection policies and guidelines in place which are found on our website's menu:

<https://www.lightningswimming.org/usas-safe-sport-mapp/>.

We at Lytal Lightning strive to bring about the best in an individual through the use of competitive swimming. We will not deviate from challenging an individual to reach their full potential both in the water and in their character. Internally motivated athletes are the coaching staff's ultimate goal. Intrinsic motivation is the driving force and the difference between leaders and those that merely follow or observe. If an individual and their family do not wish to be challenged physically, emotionally, and in their character, they will not feel a part of the positive experience Lake Lytal Lightning has to offer. Loyalty, commitment, and dedication to the team are key to our success regardless of one's speed in the water. This loyalty has seen Lytal Lightning establish itself as one of the top teams in Florida, P.B. County, and the Greater West Palm Beach area. Lake Lytal Lightning is committed to providing a safe environment for all participants. To do so we have athlete protection policies and guidelines in place

The acronym of SUCCESS indicative of Success Ultimately Calls on the Committed Enduring Superior Sacrifice very much characterizes our team.

Overall, the Lightning Program is characterized as a Coach Driven, Swimmer Centered, and Parent Supported sports organization.

If our philosophy is not to your taking we always encourage you to try one of the other fine clubs in our PB County area: Wellington Swim Club, East Coast Aquatic Club, St. Andrew's Aquatics, Boca Raton Swim Team, North Palm Beach Swim Team, Delray Stingers, Black Marlins Swim Club, Eagle Swim Club, Performance Aquatics, or some of the great rec teams like Palm Beach Gardens Makos.

LIGHTNING'S COACHING STAFF GIVES OF THEIR TIME AND ENERGY TO SEE YOUNG PEOPLE IN THE GREATER WEST PALM BEACH AREA GROW IN CHARACTER THROUGH COMPETITIVE SWIMMING.

DESPITE BEING PARENTS, HUSBANDS, AND WIVES, OUR STAFF SHARES IN THE LIGHTNING VISION OUTSIDE OF THEIR OTHER ROLES IN LIFE.