

# 2019 PALM BEACH COUNTY SWIMMING & DIVING CHAMPIONSHIP SERIES

HOST: **JOHN I. LEONARD & PARK VISTA HIGH SCHOOLS** and Sanctioned by FHSAA & USA Swimming\*\*  
\*\*This will be a USA Swimming Observed and Sanctioned Event.

DATES & TIMES: **DIVING:** FRIDAY, OCTOBER 4, 2019 WARM-UP 7:00 A.M. START: Girls 9 A.M. Boys: 45min. after the completion of Girls. See Below for detailed meet information

**COUNTY DIVISION II CHAMPIONSHIPS:** FRIDAY, OCT. 4, 2019 WARM-UP 3PM MEET START 4PM. See Below for detailed information.

**COUNTY SWIMMING CHAMPIONSHIPS:** SATURDAY, OCTOBER 5, 20189 Qualifying Times listed below for this competition.

**SWIMMING PRELIMS:** WARM-UP 7:00 A.M. MEET START 8:00 A.M.

**SWIMMING FINALS:** WARM-UP 4:00 P.M. MEET START 5:30 P.M. CONSOLATION AND CHAMPIONSHIP FINALISTS.

POOLS: TOP 16 PLACES SCORE. ALL RELAYS TO BE SWUM IN FINALS SESSION

**SWIMMING:** LAKE LYTAL POOL

3645 GUN CLUB RD. WEST PALM BEACH, FL.

8 LANE 25 YARD BY 50 METER POOL. 8 ADDITIONAL LANES AVAILABLE FOR WARM-UP AND COOL DOWN.

The competition course has been certified in accordance with 104.2.2C(4) of the USA Swimming Rule Book. The copy of such certification is on file with USA Swimming.

ADDRESS: **DIVING: Wellington Aquatic Complex:** 12150 Forest Hill Blvd. Wellington, FL 33414

**SWIMMING: LAKE LYTAL FAMILY AQUATIC COMPLEX. 3645 Gun Club Rd. WestPalm Beach** From I-95 Exit Southern Blvd. head west to Congress Ave. Ramp. Head South on Congress make 1<sup>st</sup> right at Gun Club Rd. Pool is on right appx. 1/2 mile

MEET DIRECTORS: SWIMMING DIRECTOR: **GORDON ANDREWS- PHONE: CELL: (561)310-4924** [gordon.andrews@palmbeachschool.org](mailto:gordon.andrews@palmbeachschool.org)  
DIVING DIRECTOR: **CHRISTINE HILL** [christine.hill@palmbeachschools.org](mailto:christine.hill@palmbeachschools.org) Cell: 561-239-6195

MEET REFEREE: DEE HERFURTH

ELIGIBILITY: ALL HIGH SCHOOL SWIMMERS IN PALM BEACH COUNTY SCHOOLS THAT ARE CURRENT MEMBERS OF FHSAA AND WHOSE STUDENTS ARE ACADEMICALLY ELIGIBLE TO PARTICIPATE. **SWIMMERS WHO HAVE PARTICIPATED IN THE DIVISION II MEET MAY NOT PARTICIPATE IN THE COUNTY CHAMPIONSHIP MEET. RELAYS ALLOWED.**

FORMAT: **SATURDAY** CHAMPIONSHIP FORMAT, NO MORE THAN 4 INDIVIDUALS PER TEAM PER INDIVIDUAL EVENT. ONE RELAY PER TEAM PER RELAY EVENT. AN INDIVIDUAL MAY ENTER A MAXIMUM OF 2 INDIVIDUAL AND 2 RELAY EVENTS, OR 1 INDIVIDUAL AND 3 RELAY EVENTS, DIVING IS CONSIDERED AN INDIVIDUAL EVENT.

SEEDING: CIRCLE SEEDING OF UPTO FASTEST 24 ENTRIES IN FINAL 3 HEATS. EVENTS WITH MORE THAN 3 HEATS/24 ENTRANTS WILL BE SEEDED SLOWEST TO FASTEST UPTO FINAL 3 HEATS.

SCORING: Individual:20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays Double the individual points

(HS. CHAMP ONLY) RELAYS: **ALL RELAYS WILL BE SWUM AT NIGHT IN A TIMED FINAL FORMAT**

Q- TIMES: **COACHES, PLEASE RESPECT THE Q-TIMES FOR THE SAKE OF YOUR TEAM AND YOUR SWIMMER'S INTEGRITY.**

	200 M. REL	200 FREE	200 IM	50 FREE	100 FLY	100 FREE	500 FR	200 FRREL	100 BK	100 BR	400 FRREL
<b>GIRLS</b>	NA	2:25.00	2:40.00	:28.50	1:13.00	1:05.00	6:20.00	NA	1:14.00	1:27.00	NA
<b>BOYS</b>	NA	2:16.00	2:35.00	:26.50	1:11.00	:57.00	6:00.00	NA	1:12.00	1:16.00	NA

AWARDS: **TEAM TROPHIES FOR 1<sup>ST</sup> Thru 3<sup>rd</sup>, BOYS & GIRLS. SPECIAL AWARDS 1<sup>ST</sup>-3<sup>RD</sup>. RIBBONS 4<sup>TH</sup>-8<sup>TH</sup>**  
**1<sup>ST</sup> THRU 3<sup>RD</sup> PLACE COMBINED TEAM AWARDS**  
AN **OUTSTANDING MALE AND FEMALE SWIMMER AWARD** WILL BE PRESENTED AT THE END OF THE MEET BASED ON NUMBER OF WINS, MEET RECORDS BROKEN, ALL-AMERICAN STANDARDS ACHIEVED or CLOSEST TO ACHIEVING JR. NATIONAL Q. TIMES

ENTRY FEES: **Based on total number of entrants for entire Series. Girls and Boys Included**

<b>1-10 Athletes \$120</b>	<b>11-20 Athletes \$185</b>	<b>21-30 Athletes \$250</b>	<b>31-40 Athletes \$325</b>
<b>41-50 Athletes \$365</b>	<b>51 &amp; OVER Athletes \$400</b>	These totals are for entire PBCHS Championship Series	

ADMISSIONS: CHECKS MADE PAYABLE TO **JOHN I. LEONARD HIGH SCHOOL**. PLEASE HAVE YOUR CHECK READY ON OR BEFORE THE DAY OF THE MEET  
**Each Session \$5. Friday Night. Saturday Prelims. Saturday Finals.**

RULES: **Meet Programs \$1 HARD COPY or FREE ONLINE [www.lightningswimming.org](http://www.lightningswimming.org) OR MEET MOBILE APP**  
CURRENT FHSAA AND NATIONAL FEDERATION RULES WILL GOVERN THIS MEET

ENTRY FORMS: PLEASE USE THE ENCLOSED MASTER ENTRY FORMS TO SUBMIT YOUR OFFICIAL ENTRIES. PLEASE INCLUDE V COMPLETE LAST NAME, FIRST NAME & GRADE. PLEASE SEND A COMPLETED **SCANNED** TEAM ENTRY SPREADSHEET TO: [Gordon.andrews@palmbeachschools.org](mailto:Gordon.andrews@palmbeachschools.org)  
OR [lightningswimming@gmail.com](mailto:lightningswimming@gmail.com)  
**NO FAXED ENTRIES ACCEPTED ONLY SCANNED & EMAILED**

**THE USE OF ELECTRONIC ENTRIES IS HIGHLY ENCOURAGED 2 EVENT FILES WILL BE USED**

CHECK OUT ALL YOU NEED AT [www.lightningswimming.org](http://www.lightningswimming.org) TO COMPLETE THIS PROCESS

**ELECTRONIC:** TEAMS USING HY-TEK'S TM & TM Lite MAY ELECTRONICALLY ENTER USING AN ATTACHED COM-LINK FILE TO:

[lightningswimming@gmail.com](mailto:lightningswimming@gmail.com) (DO NOT SEND ENTRY FILE TO SCHOOL EMAIL-ZIPPED FILES NOT ACCEPTED BY SCHOOL DISTRICT)

ENTRY DEADLINES: **WED, 9/25, 2019 8 PM\***ALL PRE-MEET ENTRIES ARE FINALIZED, ONLY ADMINISTRATIVE ERRORS WILL BE CORRECTED

COACHES MEETING: A PRE-MEET MEETING WILL TAKE PLACE PRIOR TO MEET START TO COVER ITEMS OF INFORMATION OR RULINGS THAT ARE NECESSARY FOR THE ADMINISTRATION OF THE MEET

SCRATCHES: A MISSED RACE BY A PRE-ENTERED SWIMMER IN INDIVIDUAL EVENTS WILL CAUSE THAT SWIMMER TO BE REMOVED UNLESS EXCUSED BY REFEREE

HOSPITALITY: SWIM VOLUNTEERS, OFFICIALS, AND COACHES WILL BE SERVED HOSPITALITY THROUGHOUT THE SWIMMING PORTION OF THE MEET INCLUDING LUNCH.

# 2019 Palm Beach County High School Division II Swimming Championships

Sanctioned by: Florida High School Athletic Association  
 Sponsored & Hosted by: John I. Leonard High School/Lake Lytal Lightning Swim Team

Date: Friday, October 4, 2019  
 Pool specs: 20 lane by 25 yard pool. 8 lanes will be used for competition. 5 lanes will be available for warm up and warm down.

Place: Lake Lytal Pool 3645 Gun Club Rd. West Palm Beach  
 Directions: From I-95 exit Southern Blvd. and head west. Exit Congress Ave. Ramp south. Take first right. Lake Lytal is approx. 1 mile on right.  
 Times: Warm-up 3pm Meet Start 4pm (Guaranteed ½ hour warm up)

Format: Timed Final Format

Entry Limit: 4 Entries Per team Per Ind. Event **(Exception 50 Free allows for 12 individuals per team)**. 2 Individual Events & 2 Relays

Eligibility: ALL HIGH SCHOOL SWIMMERS IN PALM BEACH COUNTY SCHOOLS THAT ARE CURRENT MEMBERS OF FHSAA AND WHOSE STUDENTS ARE ACADEMICALLY ELIGIBLE TO PARTICIPATE. **Swimmers who have swum in the Division II meet may not swim in INDIVIDUAL EVENTS in the Championship Meet. They may participate in Saturday's County Championship Relays**

Events: **200 MED. REL/200FR/200IM/50 FR/100 FLY/100 FR/100 BACK/100 BREAST/200 FR. REL.**

Awards: **Ribbons for the Fastest 8 Finishers in Individual Events**  
 Scoring: None

Eligibility: Open to all high school student athletes in Palm Beach County public and private schools who are deemed academically eligible. Those athletes who do not meet the cut-off times for the PB County High School 'A' Championships should participate in the Division II Championships. Athletes who participate in the Division II Championships may not participate in the 'A' championships; however they may participate in relays.

Entry Format: **Electronic entries are highly encouraged.** Hy-Tek files should be emailed to: [lightningswimming@gmail.com](mailto:lightningswimming@gmail.com)  
 TM Lite can be downloaded from [www.lightningswimming.org](http://www.lightningswimming.org) and the meet events file can be downloaded at [www.lightningswimming.org](http://www.lightningswimming.org). PLEASE MAKE SURE YOU USE THE CORRECT ENTRY FILE, THIS IS A **SEPARATE MEET**. Faxed entries: Scan & Email to [gordon.andrews@palmbeachschools.org](mailto:gordon.andrews@palmbeachschools.org)

Entry Fees: **SEE ABOVE FEE RATE**

Entry Deadline: **WEDNESDAY, SEPTEMBER 25, 2019 8 PM**  
 Admissions: \$3 Admissions \$3 Meet Program for Each Session

Meet Etiquette: Coaches: **instruct your swimmers and parents that only competitors, meet personnel and officials are to be permitted behind the starting block area on the pool deck.** A Meet Marshal shall be present and will assist those parents and students not involved with the administration and competition of the meet in being removed from the starting area. **Expulsion from the Lake Lytal Aquatic Complex for those not wishing to adhere to these rules will be enforced by local law enforcement personnel.**

Time Standards COACHES IF A SWIMMER HAS 1 EVENT FASTER AND 1 EVENT SLOWER THAN Q TIMES, WE RECOMMEND THE DIVISION II MEET. THESE TIME STANDARDS ARE BASED ON 28-30<sup>TH</sup> PLACE TIMES IN PAST COUNTY CHAMPIONSHIP MEETS.

EVENT	GIRLS TIMES SLOWER THAN:	BOYS TIMES SLOWER THAN:
200 MED. RELAY	NA	NA
200 FREE	2:25.00	2:16.00
200 IM	2:40.00	2:35.00
50 FREE	:28.50	:26.50
100 FLY	1:13.00	1:11.00
100 FREE	1:06.00	:57.00
100 BACK	1:14.00	1:12.00
100 BREAST	1:27.00	1:16.00
200 FR. RELAY	NA	NA

Rules: CURRENT F.H.S.A.A. AND NATIONAL FEDERATION RULES WILL GOVERN THIS MEET  
 Scratches & No Shows: There is NO PENALTY for scratching or No Showing  
 Hospitality for all coaches, officials, volunteer timer

## COUNTY HIGH SCHOOL DIVING CHAMPIONSHIPS INFORMATION

LOCATION:	<b>Wellington Aquatic Complex:</b> 12150 Forest Hill Blvd. Wellington, FL 33414
DATE:	FRIDAY OCT. 4, 2019
DIVING DIRECTOR:	<b>Christine Hill</b> <a href="mailto:christine.hill@palmbeachschools.org">christine.hill@palmbeachschools.org</a> 561-239-6195
DIRECTIONS:	From I-95. Exit Forest Hill Blvd. head west appx. 10 miles, the complex is on your left after the Publix shopping center.
TIMES:	WARM-UP BOYS & GIRLS COMBINED 7AM MEET START 9AM
ENTRIES:	ALL DIVE SHEETS DUE BY 5PM 10/3/2019, PLS. EMAIL SCAN/FAX TO CHRISTINE.HILL@PALMBEACHSCHOOLS.ORG
RULES:	The National Federation Edition of Swimming and Diving Rules shall govern the meet
SCHOOL REP:	<b>EACH DIVER MUST HAVE HIS OR HER'S SCHOOL COACH, ASST. COACH, OR OFFICIAL SCHOOL REPRESENTATIVE OF THE DIVER'S SCHOOL HE OR SHE IS REPRESENTING AT THIS EVENT IN ORDER TO COMPETE. PRIVATE DIVING COACHES, OR USA DIVING COACHES CAN NOT ACT AS A REPRESENTATIVE YET MAY ACT IN A COACHING ROLE. DIVERS NOT HAVING A COACH, ASST. COACH. OR OFFICIAL SCHOOL REPRESENTATIVE OF THE SCHOOL THAT DIVER IS REPRESENTING WILL NOT BE ALLOWED TO COMPETE.</b>