

LAKE LYTAL LIGHTNING
www.lightningswimming.org

RECORDS TEAM LC

LC Meters-Girls

8 & U	50 Free	35.58	15-Jun-07	LLL- FG	Alexa Rivera @ Largo Inv.	
	100 Free	1:19.17	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	200 Free	2:42.94	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	50 Back	42.75	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	100 Back	1:33.03	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	50 Breast	46.30	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	100 Breast	1:40.42	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	50 Fly	39.62	20-Jun-08	LLL- FG	Jenna M. Pisani at THE LIGHTNING INVITATIONAL	
	100 Fly	1:39.22	7-Jul-07	LLL- FG	Alexa Rivera @ Division II Ch.	
	200 IM	3:17.32	30-May-08	LLL- FG	Jenna M. Pisani at FGC LC Open Invitational May 30-June 1, 2008	
	10 & U	50 Free	31.11	23-Jul-09	LLL- FG	Alexa N. Rivera at 09FGLongCourseJO-072309-PST
		100 Free	1:08.70	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL
		200 Free	2:26.65	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL
400 Free		5:05.49	20-Jul-12	LLL- FG	Dakota J. Brisco at FGC 14 & Under Junior Olympics	
50 Back		36.05	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL	
100 Back		1:17.98	1-May-09	LLL- FG	Alexa N. Rivera at Go For The Gold Invitational	
50 Breast		41.41	1-May-09	LLL- FG	Alexa N. Rivera at Go For The Gold Invitational	
100 Breast		1:29.28	15-May-09	LLL- FG	Alexa N. Rivera at FGC LC Open Invitational May 15-17, 2009	
50 Fly		33.50	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL	
100 Fly		1:18.44	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL	
200 IM		2:42.99	19-Jun-09	LLL- FG	Alexa N. Rivera at THE LIGHTNING INVITATIONAL	
11-12		50 Free	29.65	15-Apr-11	LLL- FG	Alexa N. Rivera at FGC LC Invitational 041511-FG3
	100 Free	1:03.99	18-Jul-02	LLL- FG	ALISON M. TEMPLIN at 2002 FGC LC Junior Olympics	
	200 Free	2:14.08	15-Mar-12	LLL- FG	Jena Pisani at 2012 Spring Southern Zone South Sectional	
	400 Free	4:35.82	14-Feb-03	LLL- FG	ALISON M. TEMPLIN at Florida Senior Circuit #2	
	800 Free	9:21.70	14-Feb-03	LLL- FG	ALISON M. TEMPLIN at Florida Senior Circuit #2	
	1500 Free	18:04.51	14-Feb-03	LLL- FG	ALISON M. TEMPLIN at Florida Senior Circuit #2	
	50 Back	33.94	2-Jun-01	LLL- FG	ALEXIS M OMANS at Palm Bch. Cnty. A-C Long Cours	
	100 Back	1:11.17	18-Jul-02	LLL- FG	CHRISTINE E. SLOMKA at 2002 FGC LC Junior Olympics	
	200 Back	2:36.31	15-Apr-11	LLL- FG	Alexa N. Rivera at FGC LC Invitational 041511-FG3	
	50 Breast	37.81	24-Jul-03	LLL- FG	SARAH M. MOREJON at FGJO LC July 03	
	100 Breast	1:20.02	18-Jul-14	LLL- FG	Ryan G. Flynn at 14 & Under FGC Junior Olympics	
	200 Breast	2:56.00	13-Jun-02	LLL- FG	CHRISTINE E. SLOMKA at 2002 Sunshine State Games	
	50 Fly	31.53	* 21-Jul-17	LLL- FG	Angelina J. Sharp at FGC Junior Olympics Long Course 2017	
	50 Fly	31.53	* 19-Jun-09	LLL- FG	Christi Herfurth at THE LIGHTNING INVITATIONAL	
	100 Fly	1:10.17	19-Jun-09	LLL- FG	Christi Herfurth at THE LIGHTNING INVITATIONAL	
	200 Fly	2:37.60	18-Jul-14	LLL- FG	Dakota J. Brisco at 14 & Under FGC Junior Olympics	
	200 IM	2:34.23	23-Jun-11	LLL- FG	Alexa N. Rivera at FLA International Invitational	
	400 IM	5:34.30	15-Apr-11	LLL- FG	Alexa N. Rivera at FGC LC Invitational 041511-FG3	
	13-14	50 Free	27.99	24-Jul-03	LLL- FG	SARAH K. ANDREWS at FGJO LC July 03
		100 Free	1:00.05	13-Mar-14	LLL- FG	Jena Pisani at 2014 Speedo Championship Series
200 Free		2:10.36	19-Jun-03	LLL- FG	SARAH K. ANDREWS at 2003 International Age Group Invitational	
400 Free		4:31.62	20-Jul-12	LLL- FG	Jena Pisani at FGC 14 & Under Junior Olympics	
800 Free		9:15.49	24-Jul-03	LLL- FG	ALISON M. TEMPLIN at FGJO LC July 03	
1500 Free		17:57.13	12-Jul-13	LLL- FG	Jena Pisani at FGC 14 & Under Long Course Jr. Olympics	
50 Back		31.81	22-Jul-11	LLL- FG	Fabiana J. Ingram at 2011 FG Senior Championships	
100 Back		1:07.45	7-Jul-11	LLL- FG	Julie A. Suarez at 2011 Southern Zone Sectional Championships	

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13-14	200	Back	2:25.46	22-Jul-11	LLL- FG	Fabiana J. Ingram at 2011 FG Senior Championships	
	50	Breast	36.14	27-Jun-09	LLL- FG	Vicky Ho @ Ft. Lauderdale International Age Group Meet	
	100	Breast	1:17.07	29-Jul-04	LLL- FG	CHRISTINE E. SLOMKA at Florida Gold Coast Long Course JO	
	200	Breast	2:46.07	24-Jul-03	LLL- FG	CHRISTINE E. SLOMKA at FGJO LC July 03	
	50	Fly	29.12	18-Jul-19	LLL- FG	Angelina J. Sharp at FGC Junior Olympics Long Course 2019	
	100	Fly	1:04.63	15-Jul-11	LLL- FG	Christi Herfurth at FGC 14 & Under Junior Olympics	
	200	Fly	2:23.44	26-Jul-11	FGC- FG	Christi Herfurth at 2011 Southern Age Group Swimming Championship	
	200	IM	2:30.06	29-Jul-04	LLL- FG	CHRISTINE E. SLOMKA at Florida Gold Coast Long Course JO	
	400	IM	5:14.28	24-Jul-03	LLL- FG	CHRISTINE E. SLOMKA at FGJO LC July 03	
15-16	50	Free	27.38	17-Jun-05	LLL- FG	SARAH K. ANDREWS at THE LIGHTNING INVITATIONAL	
	100	Free	59.47	29-Jul-04	LLL- FG	SARAH K. ANDREWS at Florida Gold Coast Long Course JO	
	200	Free	2:05.61	14-Jul-05	LLL- FG	SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics	
	400	Free	4:25.65	14-Jul-05	LLL- FG	SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics	
	1500	Free	18:09.58	7-Jul-11	LLL- FG	Dani Vega Monroy at 2011 Southern Zone Sectional Championships	
	50	Back	31.10	21-Jun-12	LLL- FG	Fabiana J. Ingram at Swim Fort Lauderdale International Classic	
	100	Back	1:05.95	12-Jul-12	LLL- FG	Fabiana J. Ingram at 2012 - Southern Zone Sectional Championship	
	200	Back	2:23.07	27-Jul-12	LLL- FG	Fabiana J. Ingram at 2012 FG Senior Championships	
	50	Breast	34.97	23-Jun-05	LLL- FG	Michelle Ling @ FLA International Age Group	
	100	Breast	1:17.78	14-Jul-05	LLL- FG	CHRISTINE E. SLOMKA at 2005 FGC Long Course Junior Olympics	
	200	Breast	2:44.79	14-Jul-05	LLL- FG	CHRISTINE E. SLOMKA at 2005 FGC Long Course Junior Olympics	
	100	Fly	1:03.90	12-Jul-12	LLL- FG	Christi Herfurth at 2012 - Southern Zone Sectional Championship	
	200	Fly	2:18.91	18-Jul-13	LLL- FG	Christi Herfurth at 2013 SZS Summer Sectionals	
	200	IM	2:23.75	14-Jul-05	LLL- FG	SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics	
	400	IM	5:16.14	31-Jul-12	FGC- FG	Christi Herfurth at 2012 NT LC Southern Zone Championships	
	Open	50	Free	27.16	15-Jun-07	LLL- FG	Michelle Ling at THE LIGHTNING INVITATIONAL
		100	Free	59.46	19-Jun-09	LLL- FG	SARAH K. ANDREWS at THE LIGHTNING INVITATIONAL
		200	Free	2:05.53	11-Jul-11	LLL- FG	ALISON TEMPLIN @ SPEEDO SOUTHERN ZONE SECTIONALS
400		Free	4:18.81	11-Jul-11	LLL- FG	ALISON TEMPLIN @ SPEEDO SOUTHERN ZONE SECTIONALS	
800		Free	8:55.55	11-Jul-11	LLL- FG	Alison M. Templin at SPEEDO Champions Series-SZSS	
1500		Free	17:23.25	11-Jul-11	LLL- FG	ALISON TEMPLIN@SPEEDO SOUTHERN ZONE SECTIONALS	
50		Back	29.97	23-Jun-01	LLL- FG	Kathryn Hallquist @ International Age Group	
100		Back	1:04.60	25-Jul-14	LLL- FG	Julie A. Suarez at 2014 FG Senior Championships-CSSC-072514	
200		Back	2:19.63	26-Jul-13	LLL- FG	Julie A. Suarez at 2013 FG Senior Championships-CSSC-072613	
50		Breast	34.52	22-Jul-11	LLL- FG	Rachel P. Hirsch at 2011 FG Senior Championships	
100		Breast	1:16.16	12-Jul-07	LLL- FG	CHRISTINE E. SLOMKA at SPEEDO Champions Series-SZSS	
200		Breast	2:43.22	12-Jul-07	LLL- FG	CHRISTINE E. SLOMKA at SPEEDO Champions Series-SZSS	
50		Fly	29.49	12-Mar-15	LLL- FG	Fabiana J. Ingram at Speedo Sectional Championships	
100		Fly	1:04.06	26-Jul-13	LLL- FG	Christi Herfurth at 2013 FG Senior Championships-CSSC-072613	
200		Fly	2:18.91	18-Jul-13	LLL- FG	Christi Herfurth at 2013 SZS Summer Sectionals	
200		IM	2:23.75	14-Jul-05	LLL- FG	SARAH K. ANDREWS at 2005 FGC Long Course Junior Olympics	
400		IM	5:06.68	12-Jul-06	LLL- FG	SARAH K. ANDREWS at 2006 Speedo Champions Series	

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LC Meters-Boys

8 & U	50 Free	34.10	15-Jul-11	LLL- FG	Reese S. Branzell at FGC 14 & Under Junior Olympics	
	100 Free	1:16.24	10-Jun-11	LLL- FG	Reese S. Branzell at Daytona Beach Swimmer Summer open	
	200 Free	2:47.87	20-Jul-06	LLL- FG	William Pisani @ FGC Jr. Olym.	
	50 Back	41.18	20-Jul-06	LLL- FG	William Pisani @ FGC Jr. Olym.	
	100 Back	1:30.55	20-Jul-06	LLL- FG	William Pisani @ FGC Jr. Olym.	
	50 Breast	51.80	1-May-09	LLL- FG	William T. Kennedy at Go For The Gold Invitational	
	100 Breast	1:48.36	19-Jul-07	LLL- FG	Andrew Lee at Florida Gold Coast Jr. Olympics LC	
	50 Fly	38.54	6-Aug-98	LLL- FG	Brendon Andrews @ FGC Jr. Olym	
	100 Fly	1:36.05	19-Jul-07	LLL- FG	Andrew Lee at Florida Gold Coast Jr. Olympics LC	
	200 IM	3:19.80	15-May-09	LLL- FG	William T. Kennedy at FGC LC Open Invitational May 15-17, 2009	
	10 & U	50 Free	30.41	6-Jul-00	LLL- FG	JONATHAN J VAN ZEE at Sunshine Sate Games 2000
		100 Free	1:06.42	12-Jul-13	LLL- FG	Reese S. Branzell at FGC 14 & Under Long Course Jr. Olympics
		200 Free	2:25.44	24-Jul-08	LLL- FG	WILLIAM J. PISANI at Florida Gold Coast Junior Olympic Champs.
400 Free		5:09.81	23-Apr-10	LLL- FG	Nicholas R. Sharp at FGC LC Invitational 042310-FG2	
50 Back		35.56	24-Jul-08	LLL- FG	WILLIAM J. PISANI at Florida Gold Coast Junior Olympic Champs.	
100 Back		1:17.33	20-Jun-08	LLL- FG	WILLIAM J. PISANI at THE LIGHTNING INVITATIONAL	
50 Breast		42.02	2-Jun-08	LLL- FG	ANDREAS RINTEL @ Lake Lytal Time Trial	
100 Breast		1:34.03	19-Jun-09	LLL- FG	Nicholas R. Sharp at THE LIGHTNING INVITATIONAL	
50 Fly		33.67	28-Jul-00	LLL- FG	BRENDON R ANDREWS at FGC LC JUNIOR OLY. 2000	
100 Fly		1:16.62	28-Jul-00	LLL- FG	BRENDON R ANDREWS at FGC LC JUNIOR OLY. 2000	
200 IM		2:48.72	23-Apr-10	LLL- FG	Nicholas R. Sharp at FGC LC Invitational 042310-FG2	
11-12		50 Free	27.17	30-Jul-19	LLL- FG	Rlley J. Brisco at 2019 Southern Zone Age Group Championships
		100 Free	59.01	18-Jul-19	LLL- FG	Rlley J. Brisco at FGC Junior Olympics Long Course 2019
	200 Free	2:09.22	30-Jul-19	LLL- FG	Rlley J. Brisco at 2019 Southern Zone Age Group Championships	
	400 Free	4:37.40	18-Jul-19	LLL- FG	Rlley J. Brisco at FGC Junior Olympics Long Course 2019	
	800 Free	10:08.87	8-Jun-12	LLL- FG	Kyle E. DiMatteo at TPA Orlando Open	
	1500 Free	18:27.82	20-Jul-12	LLL- FG	Kyle DiMatteo @ FGC LC Jr. Olympics	
	50 Back	31.76	16-Jul-10	LLL- FG	WILLIAM J. PISANI at 14 & Under Junior Olympics	
	100 Back	1:10.25	16-Jul-10	LLL- FG	WILLIAM J. PISANI at 14 & Under Junior Olympics	
	200 Back	2:29.49	16-Jul-10	LLL- FG	WILLIAM J. PISANI at 14 & Under Junior Olympics	
	50 Breast	36.91	14-May-10	LLL- FG	Andreas Rintel at FGC LC Invitational 051410-FG2	
	100 Breast	1:19.55	23-Apr-10	LLL- FG	Andreas Rintel at FGC LC Invitational 042310-FG2	
	200 Breast	2:56.08	23-Apr-10	LLL- FG	Andreas Rintel at FGC LC Invitational 042310-FG2	
	50 Fly	30.22	18-Jul-19	LLL- FG	Rlley J. Brisco at FGC Junior Olympics Long Course 2019	
	100 Fly	1:09.06	16-Jul-10	LLL- FG	WILLIAM J. PISANI at 14 & Under Junior Olympics	
	200 Fly	2:31.64	30-Apr-04	LLL- FG	TOMMY FRICK at Palm Beach County ABC (BB+) LCM	
	200 IM	2:36.04	26-Jul-11	FGC- FG	William J. Pisani at 2011 Southern Age Group Swimming Championship	
	400 IM	5:31.44	20-Jul-12	LLL- FG	Kyle E. DiMatteo at FGC 14 & Under Junior Olympics	
	13-14	50 Free	25.80	12-Jul-12	LLL- FG	William J. Pisani at 2012 - Southern Zone Sectional Championship
		100 Free	55.42	20-Jul-12	LLL- FG	William J. Pisani at FGC 14 & Under Junior Olympics
200 Free		2:02.25	20-Jul-12	LLL- FG	William J. Pisani at FGC 14 & Under Junior Olympics	
400 Free		4:19.25	21-Jun-12	LLL- FG	William J. Pisani at Swim Fort Lauderdale International Classic	
800 Free		9:14.01	8-Jun-12	LLL- FG	William J. Pisani at TPA Orlando Open	
1500 Free		17:24.82	14-Mar-13	LLL- FG	Nicholas R. Sharp at 2013 - Southern Zone Sectional Championship	
50 Back		29.46	15-Mar-12	LLL- FG	William J. Pisani at 2012 Spring Southern Zone South Sectional	
100 Back		1:02.89	12-Jul-12	LLL- FG	William J. Pisani at 2012 - Southern Zone Sectional Championship	
200 Back		2:17.78	20-Jul-12	LLL- FG	William J. Pisani at FGC 14 & Under Junior Olympics	

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RECORDS TEAM LC

13-14	50 Breast	33.58	18-May-12	LLL- FG	Andreas Rintel at FGC LC Invitational FGI051812JDST-P-23
	100 Breast	1:13.01	15-Mar-12	LLL- FG	Andreas Rintel at 2012 Spring Southern Zone South Sectional
	200 Breast	2:38.38	15-Mar-12	LLL- FG	Andreas Rintel at 2012 Spring Southern Zone South Sectional
	50 Fly	28.27	21-Jun-12	LLL- FG	William J. Pisani at Swim Fort Lauderdale International Classic
	100 Fly	1:00.72	20-Jul-12	LLL- FG	William J. Pisani at FGC 14 & Under Junior Olympics
	200 Fly	2:23.05	8-Jun-12	LLL- FG	William J. Pisani at TPA Orlando Open
	200 IM	2:19.30	20-Jul-12	LLL- FG	William J. Pisani at FGC 14 & Under Junior Olympics
	400 IM	5:05.07	13-Mar-14	LLL- FG	Dylan J. Brisco at 2014 Speedo Championship Series
15-16	50 Free	23.68	1-Aug-19	LLL- FG	Reese S. Branzell at 2019 USA Swimming Futures Championship
	100 Free	51.59	1-Aug-19	LLL- FG	Reese S. Branzell at 2019 USA Swimming Futures Championship
	200 Free	1:54.27	10-Jul-14	LLL- FG	William J. Pisani at 2014 SZS Summer Sectionals
	400 Free	4:10.15	18-Jul-13	LLL- FG	William J. Pisani at 2013 SZS Summer Sectionals
	800 Free	9:10.57	14-Mar-13	LLL- FG	William J Pisani @ 2013 SpeedoSpring Sectionals
	50 Back	27.26	10-Jul-14	LLL- FG	William J. Pisani at 2014 SZS Summer Sectionals
	100 Back	58.49	10-Jul-14	LLL- FG	William J. Pisani at 2014 SZS Summer Sectionals
	200 Back	2:11.71	18-Jul-13	LLL- FG	William J. Pisani at 2013 SZS Summer Sectionals
	50 Breast	31.52	26-Jul-13	LLL- FG	Andreas Rintel at 2013 FG Senior Championships-CSSC-072613
	100 Breast	1:09.44	26-Jul-13	LLL- FG	Andreas Rintel at 2013 FG Senior Championships-CSSC-072613
	200 Breast	2:29.54	18-Jul-15	LLL- FG	Dylan J. Brisco at FGC Sr. Ch.
	50 Fly	26.12	26-Jul-19	LLL- FG	Reese S. Branzell at 2019 FG Senior Championships-CSSC-072619
	100 Fly	55.94	10-Jul-14	LLL- FG	William J. Pisani at 2014 SZS Summer Sectionals
	200 Fly	2:14.19	13-Mar-14	LLL- FG	Michael T. Rahrigh at 2014 Speedo Championship Series
	200 IM	2:11.54	19-Jun-14	LLL- FG	William J. Pisani at 2014 SFTL International Classic
	400 IM	4:48.81	18-Jul-13	LLL- FG	Andreas Rintel at 2013 SZS Summer Sectionals
Open	50 Free	23.27	7-Jul-09	LLL- FG	BRENDON R. ANDREWS at USA National Championship-World Champ Trials
	100 Free	51.48	7-Jul-09	LLL- FG	BRENDON R. ANDREWS at USA National Championship-World Champ Trials
	200 Free	1:54.27	10-Jul-14	LLL- FG	William J. Pisani at 2014 SZS Summer Sectionals
	400 Free	4:10.15	18-Jul-13	LLL- FG	William J. Pisani at 2013 SZS Summer Sectionals
	800 Free	9:03.90	21-Jun-12	LLL- FG	Richard Andrews @ Swim Fort Lauderdale International Age Group Inv.
	1500 Free	17:02.15	21-Jun-12	LLL- FG	Richard T. Andrews at Swim Fort Lauderdale International Classic
	50 Back	26.37	23-Jun-11	LLL- FG	BRENDON R. ANDREWS at FLA International Invitational
	100 Back	56.24	7-Jul-09	LLL- FG	BRENDON R. ANDREWS at USA National Championship-World Champ Trials
	200 Back	2:11.36	14-Jul-05	LLL- FG	Justin A. Green at 2005 FGC Long Course Junior Olympics
	50 Breast	31.68	23-Jun-05	LLL- FG	Justin E. Green @ FLA International Age Group
	100 Breast	1:07.93	17-Jul-08	LLL- FG	Manuel A. Rabelo at SPEEDO Champions Series-SZSS
	200 Breast	2:27.15	3-Aug-17	LLL- FG	Dylan J. Brisco at 2017 Futures Championships
	50 Fly	25.46	12-Mar-15	LLL- FG	William J. Pisani at Speedo Sectional Championships
	100 Fly	55.54	30-Jul-14	LLL- FG	William J. Pisani at 2014 Speedo Junior National Championships
	200 Fly	2:10.21	12-Mar-15	LLL- FG	William J. Pisani at Speedo Sectional Championships
	200 IM	2:13.87	14-Jul-05	LLL- FG	Justin A. Green at 2005 FGC Long Course Junior Olympics
	400 IM	4:48.81	18-Jul-13	LLL- FG	Anreas Rintel at 2013 SZS Summer Sectionals