



2019 Lightning Meet Schedule*

* Subject to Change Due to Circumstances Beyond Our Control &/or to Meet the Needs of the TEAM

* "Competition helps Reinforce all the preparation We do at Practice and get ready for the Competitive Pool Of 'Life"! GA

Month	Days	Meets	Host	C	Location	Elig. JO RELAYS	
	18-24	Lightning Spring Break Except for Sr. Champs Swimmers					
	4/25-5/7	Lightning Spring Break for Sr. Champs Swimmers					SR CHAMPS RELAYS
April	5	Friday Night Races	Lake Lytal Lightning	SC	Lake Lytal Park	Sub JO/Sub Sr. Ch.	
	26-28	Jupiter Invite	Jupiter Dragons	LC	North County Aquatic Center	Bronze, DSr, ASr	
May	17-19	Spring Invite	Wahoo's of Wellington	LC	Wellington Aquatic Center	ASR & DSR	
	31	Friday Night Races	Lake Lytal Lightning	SC	Lake Lytal Park	Sub JO/Sub Sr.Ch B+	
June	3	Lightning Summer Training Schedule Begins					
	7-10	ORLANDO OPEN @ TRINITY PREP	TRAVEL MEET: RESIDING COCOA BEACH	LC	RESIDING: COCOA BCH. COMPETING: TRINITY PREP	DEV. SR/ADV.SR	
	14-16	Michael Lohberg Inv.	Coral Springs Swim Club	LC	Coral Springs Aquatic Center	Select Adv. Sr ONLY	
	28-29	14 & Under Boca Invite	Boca Raton Swim Team	LC	Boca Raton HS	14U DSr & Asr	
	27	Wellington Sub-JO	Wahoo's of Wellington	SC	Wellington Aquatic Center	Red & Bronze	
July	6-7	PB County B-C Champs	Wahoo's of Wellington	LC	Wellington Aquatic Center	Sub BB Swims Brnze+	
	12-14	Area 1	Pompano Beach Piranhas	LC	Pompano Aquatic Center	Sub JO/Sub Sr.Ch B+	
	18-21	Junior Olympic	North Palm/ Martin County	LC	Sailfish Splash Park	14U Qualifiers	
	22-24	Lightning End of Summer Break Except Sr. Champs Swimmers					
	26-28	Senior Champ	Coral Springs Swim Club	LC	Coral Springs Aquatic Center	Senior Champs Qualifiers	
	7/29-8/2	Lightning Summer Break for Sr. Champs Swimmers					
	24-25	NPB Sprint Meet	North Palm Beach Swim Club	SC	NPB Country Club	DSr & Asr	
September	7	Jupiter Fall Invite	Jupiter Dragons	SC	North County	Bronze, DSr, Asr (NonHS)	
	28-29	Dick Wells Memorial	Martin County Aquatics	SC	Martin County HS		
October	4-5	Palm Bch County HS Championship Series					
	11-13	Mike Horgan	Lake Lytal Lightning	SC	Lake Lytal Park	Bronze, DSr, Asr B+	
November	22-23	NPB Last Chance	North Palm Beach Swim Club	SC	NPB Country Club	Bronze, DSr, Asr B+	
December	7	PBC Santa and Open Invite	Lake Lytal Lightning	SC	Lake Lytal Park	All Swimmers	
	13-15	Holiday Champs	Sunrise Swimming	SC	Sunrise Aquatic Center	DSr, Asr BB+	

