

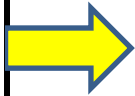


2019 Lightning Meet Schedule*

* Subject to Change Due to Circumstances Beyond Our Control &/or to Meet the Needs of the TEAM

* "Competition helps Reinforce all the preparation We do at Practice and get ready for the Competitive Pool Of 'Life"! GA

| Month | Days | Meets | Host | C | Location | Elig. |
|-----------|----------|---|--|-----------|---|--|
| | 15-17 | <u>FGC 14 & Und Jr. Olympics</u> | Coral Springs Swim Club | SC | Coral Springs Aquatic Center | FINAL JR. OLYMPIC ENTRIES: Pls pay meet invoice upon receipt of statement JO RELAYS |
| | 18-24 | Lightning Spring Break Except for Sr. Champs Swimmers | | | | |
| | 22-24 | <u>FGC Senior Champs</u> | SOFLO | SC | Academic Village | SR. CHAMPS PRELIM ENTRIES...to be FINAL SUN 3/17 7 PM |
| | 4/25-5/7 | Lightning Spring Break for Sr. Champs Swimmers | | | | |
| April | 5 | <u>Friday Night Races</u> | Lake Lytal Lightning | SC | Lake Lytal Park | Sub JO/Sub Sr. Ch. |
| | 26-28 | Jupiter Invite | Jupiter Dragons | LC | North County Aquatic Center | Bronze, DSr, ASr |
| May | 17-19 | Spring Invite | Wahoo's of Wellington | LC | Wellington Aquatic Center | |
| | 31 | Friday Night Races | Lake Lytal Lightning | SC | Lake Lytal Park | Sub JO/Sub Sr.Ch B+ |
| June | 3 | Lightning Summer Training Schedule Begins | | | | |
| | 7-10 | <u>ORLANDO OPEN @ TRINITY PREP</u> | TRAVEL MEET: RESIDING COCOA BEACH | LC | RESIDING: COCOA BCH. COMPETING: TRINITY PREP | DEV. SR/ADV.SR |
| | 14-16 | Michael Lohberg Inv. | Coral Springs Swim Club | LC | Coral Springs Aquatic Center | Select Adv. Sr ONLY |
| | 28-29 | 14 & Under Boca Invite | Boca Raton Swim Team | LC | Boca Raton HS | 14U DSr & Asr |
| | 27 | Wellington Sub-JO | Wahoo's of Wellington | SC | Wellington Aquatic Center | Red & Bronze |
| July | 6-7 | PB County B-C Champs | Wahoo's of Wellington | LC | Wellington Aquatic Center | Sub BB Swims Brnze+ |
| | 12-14 | Area 1 | Pompano Beach Piranhas | LC | Pompano Aquatic Center | Sub JO/Sub Sr.Ch B+ |
| | 18-21 | Junior Olympic | North Palm/ Martin County | LC | Sailfish Splash Park | 14U Qualifiers |
| | 22-24 | Lightning End of Summer Break Except Sr. Champs Swimmers | | | | |
| | 26-28 | Senior Champ | Coral Springs Swim Club | LC | Coral Springs Aquatic Center | Senior Champs Qualifiers |
| | 7/29-8/2 | Lightning Summer Break for Sr. Champs Swimmers | | | | |
| | 24-25 | NPB Sprint Meet | North Palm Beach Swim Club | SC | NPB Country Club | DSr & Asr |
| September | 7 | Jupiter Fall Invite | Jupiter Dragons | SC | North County | Bronze, DSr, Asr (NonHS) |
| | 28-29 | Dick Wells Memorial | Martin County Aquatics | SC | Martin County HS | |
| October | 4-5 | Palm Bch County HS Championship Series | | | | |
| | 11-13 | Mike Horgan | Lake Lytal Lightning | SC | Lake Lytal Park | Bronze, DSr, Asr B+ |
| November | 22-23 | NPB Last Chance | North Palm Beach Swim Club | SC | NPB Country Club | Bronze, DSr, Asr B+ |



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|----------|-------|---------------------------|----------------------|----|------------------------|--------------|
| December | 7 | PBC Santa and Open Invite | Lake Lytal Lightning | SC | Lake Lytal Park | All Swimmers |
| | 13-15 | Holiday Champs | Sunrise Swimming | SC | Sunrise Aquatic Center | DSr, Asr BB+ |