



2019 Lightning Meet Results*

* "Competition helps Reinforce all the preparation We do at Practice and get ready for the Competitive Pool Of 'Life"! GA

Month	Days	Meets	Host	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
January	26	Martin County Tigershark	Martin County Aquatics	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
February	8-10	River Rats Inv.	River Rats Swim Team	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	15-17	Matt Mounts Invite	Wahoo's of Wellington	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
March	1-3	Area 1 Champ	Lake Lytal Lightning	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	15-17	Junior Olympic	Coral Springs Swim Club	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	18-24	Lightning Spring Break Except for Sr. Champs Swimmers						
	22-24	Senior Champs	SOFLO	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	4/25-5/7	Lightning Spring Break for Sr. Champs Swimmers						
April	5	Friday Night Races	Lake Lytal Lightning	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	26-28	Jupiter Invite	Jupiter Dragons	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
May	17-19	Spring Invite	Wahoo's of Wellington	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	31	Friday Night Races	Lake Lytal Lightning	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
June	3	Lightning Summer Training Schedule Begins						
	7-10	Lightning Travel Meet to Trinity Prep Aquatics/Cocoa Beach		Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	21-23	SFTL International	Swim Ft. Lauderdale	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	28-30	14 & Under Boca Invite	Boca Raton Swim Team	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	27	Wellington Sub-JO	Wahoo's of Wellington	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
July	12-14	Area 1	Pompano Beach Piranhas	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	18-21	Junior Olympic	North Palm/ Martin County	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	22-24	Lightning End of Summer Break Except Sr. Champs Swimmers						
	26-28	Senior Champ	Coral Springs Swim Club	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	7/29-8/2	Lightning Summer Break for Sr. Champs Swimmers						
August	M 8/12	School Begins						
	24-25	NPB Sprint Meet	North Palm Beach Swim Club	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
September	7	Jupiter Fall Invite	Jupiter Dragons	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	14	Neptune Challenge	St. Andrew Swimmings	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	28-29	Dick Wells Memorial	Martin County Aquatics	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
October	4-5	Palm Bch County HS Championship Series		Team Results	Personal Bests	NA	Team Sr Cuts	Team BB+
	11-13	Mike Horgan	Lake Lytal Lightning	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
November		FHSAA STATE SERIES SCHEDULES TBA						
	22-23	NPB Last Chance	North Palm Beach Swim Club	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
December	7	PBC Santa and Open Invite	Lake Lytal Lightning	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+
	13-15	Holiday Champs	Sunrise Swimming	Team Results	Personal Bests	Team JO Swims	Team Sr Cuts	Team BB+